

Legacy Building Profile

Youth Legacy Building Process

OFFERED BY THE YOUTH LEGACY FOUNDATION

NAME: _____

DATE COMPLETED

DATE REVIEWED

MENTOR NAME

What are 5 to 10 things you enjoy doing the most?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

What are 5 to 10 talents or strengths you have or things people give you compliments for?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

Who are 5 of your role models or people you admire? For each person, list 3-6 words or short phrases you might use to describe them.

1. _____

a) _____

d) _____

b) _____

e) _____

c) _____

f) _____

2. _____

a) _____

d) _____

b) _____

e) _____

c) _____

f) _____

3. _____

a) _____

d) _____

b) _____

e) _____

c) _____

f) _____

4. _____

a) _____

d) _____

b) _____

e) _____

c) _____

f) _____

5. _____

a) _____

d) _____

b) _____

e) _____

c) _____

f) _____

Review the list of the role model descriptions from the previous question. Which descriptors appear multiple times? Which 5 to 10 descriptors would you most like to be used to describe you? Which 5 to 10 descriptors are closest to your values?

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Who do you want to be in 5 to 10 years? What do you want to be doing in 5 to 10 years?

After reviewing your answers to all the previous questions, what 5 things could you do in the next few months that combine the things you've listed above and help move you closer to where you want to be in 5 to 10 years?

1. _____
2. _____
3. _____
4. _____
5. _____

COMMUNITY AND VOLUNTEER ACTIVITIES

ORGANIZATION	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

ORGANIZATION	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

ORGANIZATION	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

ORGANIZATION	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

EMPLOYMENT ACTIVITIES

ORGANIZATION		
POSITION TITLE	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

ORGANIZATION		
POSITION TITLE	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

ORGANIZATION		
POSITION TITLE	DATES	
	STARTED	ENDED
DESCRIPTION OF RESPONSIBILITIES AND ACTIVITIES		

NOTES



The result of your work in the areas below will be a life of happiness and personal fulfillment.

Work in this area will help you to set specific goals, identify the actions you will take and the milestones you will reach along the way.

Work in this area will help you to consider a number of possible options before deciding exactly what you will pursue.

Work in this area will help you get a clear understanding of what your natural strengths are and what is most important to you in life.

The Live Your Passion Process

a process of
discovery, exploration and planning